



## SNOW MAGAZINE – HELI PREP CAMP EQUIPMENT LIST

### SKIING GEAR

Bring your own alpine skis (fat ones), boots and poles or snowboard. Your own gear can be used for part of the course.

For the sidecountry portion, we will adjust state-of-the-art alpine touring skis and bindings (K2 Coombacks & Marker Duke) to fit your boots. Climbing skins provided.

- or -

Bring your own Alpine Touring or Telemark skis, boots, climbing skins and poles.

### SNOWBOARD GEAR

Bring your own snowboard & snowboard boots. Your own gear can be used for part of the course.

For the sidecountry portion, we will provide a splitboard and climbing skins.

- or -

Bring your own Splitboard, bindings, boots, climbing skins and poles.

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Ski pack (25-35 liter) with a strap system to carry skis (*included with course*)  
(*Black Diamond packs with built-in Avalung recommended*)

Ski Helmet (optional) – CAMP makes a combination ski and climbing rated helmet

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### CLOTHING

#### Next to skin layers:

Short sleeve T-shirt – light merino wool or capilene  
Long sleeve light merino wool or capilene zip t-neck  
Merino wool or capilene briefs  
Merino wool or capilene light long johns for very cold conditions  
Ski socks – wool/nylon blend or similar

#### Outer layers:

Soft-shell jacket (*lightly insulated*) or fleece pullover or full zip  
Soft-shell mountain pants (AKA “guide pants” – synthetic stretch woven fabric)  
- Patagonia, Marmot or similar or ski pants  
Puff jacket (nylon with synthetic insulation) or ski jacket  
Light outer shell (*waterproof/breathable jacket and pants*)  
Light wool hat  
Fleece neck gaiter for storm conditions  
Gloves – medium weight, warm ski gloves and/or light gloves for spring conditions  
Bandana

*This is a recommended optimum layering system. Certain items may be substituted but combination of layers should equal the recommended list for warmth, moisture wicking, wind and precipitation resistance, weight and packability.*

## **MISCELLANEOUS**

1-Liter water container or hydration system  
Sunglasses  
Goggles with light lenses for storm conditions  
Sunscreen – 50+ SPF (small amount in squeeze bottle)  
Lip balm – 30 SPF or greater  
Camera (*optional*)

## **FOOD**

You can purchase lunch at the Judah Lodge Cafeteria. Or, bring your own lunch.  
Bring a few energy bars for the backcountry as well.

## **ASI PROVIDES**

All group guiding equipment, avalanche transceiver, probe, shovel and ski pack, group first-aid, emergency and repair kits.

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