



EVEREST BASECAMP TREK LOGISTICS

AIR TRAVEL

Lots of airlines fly into Kathmandu via Bangkok, Hong Kong, Singapore, Seoul or Delhi. Korean Air seems to have good low fares. SFO to KTM around \$960-1500, travel from your home port to Kathmandu. All flights cross the date line and consequently a day is lost. Arrive in Kathmandu on Day 2.

VISAS

Nepal extends trouble-free issuance of visa to all the citizens worldwide at Royal Nepalese Embassies or Consulates abroad and at entry-point Immigration Offices. Presentation of a valid passport, two passport size photos and fees are required.

http://www.visitnepal.com/travelers_guide/legal_information.php

MEETING TIME & PLACE

October 16th: Arrive in KATHMANDU - 4,383 feet.

You will be picked up at the airport and taken to our hotel listed below.

Hotel: Hotel Shanker -Lazimpat Road,Lazimpat, Kathmandu, Nepal

We stay at nice 4 star hotel near the Thamel district, with breakfast. Great food from all over the world, fabulous shopping, and Durbar Square with its numerous temples and markets are nearby.

IMMUNIZATIONS

See below links for needs:

<http://www.mdtravelhealth.com/destinations/asia/nepal.php>

http://www.ciwec-clinic.com/articles/immunization_advice_for_nepal.php

TRAVEL INSURANCE

We require Travel Insurance.

We recommend Travel Guard Insurance:

http://www.travelguard.com/agentlink/agent.asp?rnd=74602538750191511&agentlinkasp=yes&timeid=1511**1511&strAgentLinkasp=yes&loggedin=148209&ta_arc=148209&agencyemail=bela@alpineskills.com&status=4&Dummy=D

If after the Trip you have extra days this Hyatt Hotel is amazing:

Hyatt Regency Kathmandu

PO Box 9609, Taragaon, Boudha, Kathmandu, Nepal Tel: +977 1 449 1234 Fax: +977 1 449 0033

Website: <http://kathmandu.regency.hyatt.com/hyatt/hotels/index.jsp>

Email: kathmandu.regency@hyatt.com